



NEEDED ITEMS

THESE ITEMS ARE ONLY SUGGESTIONS. WE APPRECIATE AND ACCEPT ALL FOOD DOANTIONS THAT ARE WITHIN 1 YEAR OF THEIR EXIRPATION OR USE BY DATE.

PANTRY ITEMS

- Canned Chicken, Tuna (in water)
- Canned beans
- Rice
- Pasta (Reg & Gluten-Free)
- Easy-prep rice/pasta meal packets/boxes
- Soups
- Nut Butters
- Canned Fruits and Vegetables
- Jam/Jelly
- Pancake Mix & Syrups
- Dessert boxes (cakes, brownies, ect)
- Toilet Paper
- Shampoo
- body Soap
- Dish Soap
- Laundry Soap
- Feminine products
- Other common personal hygiene items.

CONDIMENTS

- Ketchup
- Mayo
- Mustard
- Soy Sauce
- Worcestershire Sauce
- Enchilada Sauce
- Hot Sauce
- BBQ Sauce
- Olives
- Pickles
- Cooking oils



KIDS FRENDRY MENU

Pop-top cans (low sodium) of:

- Soups
- Meats
- Stews
- Ravioli

Breakfast – Low sugar

- Oatmeal
- Cereal
- Bars
- Shelf-stable milks
- Juice (no sugary added)

Healthy snacks

- Single-serve packs of nuts
- Dried fruit
- Granola bars (low sugar)
- Single Items in bulk
- Mac-n-Cheese
- Apple sauce

SPICES

- Garlic Powder
- Salt & Pepper
- Sugar
- Flour
- Cinnamon
- Garlic Powder
- Onion Powder
- Other common spices

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